

Product Specification

Issued: 13/03/19 • Version 5.0

Chicken Fricassee Pureed Meal Code: NF467

Pureed chicken fricassee with bechamel sauce and side of mashed potato, carrots and peas.

Ingredient Declaration

Chicken Fricassee [Chicken Mince (44%), Bechamel Sauce [Full Cream Milk, Water, Margarine (Animal Fat and Vegetable Oil, Water, Salt, Milk Solids, Emulsifiers (322), 471), Antioxidant (320), Flavour, Colour (160a)), Flour, Full Cream Milk Powder, Starch, Salt, Nutmeg, Bay Leaves], Rice, Water, Onion, Carrot, Full Cream Milk Powder, Chicken Flavour, Salt, Tarragon].

Mashed Potato [Potato (90%), Milk Mixture [Full Cream Milk Powder (Whole Milk, Milk Solids), Margarine (Animal Fat and Vegetable Oil, Water, Salt, Milk Solids, Emulsifiers (322), 471), Antioxidant (320), Flavour, Colour (160a)), Water], Salt, Pepper], Starch (1%).

Carrots, Starch (1%).

Peas, Starch (1%).

Unit Weight	350 g			Group	Individual Meals - Pureed		
Nutrition Information				Analysis Type		Theoretical	
Chicken Fricassee with Bechamel Sauce				Peas			
Servings per package: 1 • Serving Size: 140 g				Servings per package: 1 • Serving Size: 60g			
	Average Quantity per Serving	Average Quantity per 100 g		Average Quantity per Serving	Average Quantity per 100 g		
Energy (kJ)	730 (174 Cal)	521 (125 Cal)	Energy (kJ)	174 (42 Cal)	290 (69 Cal)		
Protein (g)	18.1	12.9	Protein (g)	2.7	4.4		
Fat (g)	7.6	5.5	Fat (g)	0.3	0.5		
- Saturated (g)	2.5	1.8	- Saturated (g)	less than 0.1	0.2		
Carbohydrate (g)	5.6	4.0	Carbohydrate (g)	6.9	11.4		
- Sugars (g)	2.3	1.6	- Sugars (g)	2.9	4.7		
Sodium (mg)	326	233	Sodium (mg)	1	2		
Mashed Potato				Carrots			
Servings per package: 1 • Serving Size: 90g				Servings per package: 1 • Serving Size: 60g			
	Average Quantity per Serving	Average Quantity per 100 g		Average Quantity per Serving	Average Quantity per 100 g		
Energy (kJ)	268 (64 Cal)	297 (71 Cal)	Energy (kJ)	81 (19 Cal)	134 (32 Cal)		
Protein (g)	2.3	2.6	Protein (g)	0.5	0.9		
Fat (g)	0.4	0.4	Fat (g)	less than 0.1	less than 0.1		
- Saturated (g)	0.2	0.2	- Saturated (g)	0.0	0.0		
Carbohydrate (g)	10.7	11.9	Carbohydrate (g)	3.3	5.5		
- Sugars (g)	0.7	0.8	- Sugars (g)	3.2	5.4		
Sodium (mg)	28	31	Sodium (mg)	24	41		
Labelling				Rethurmulation Instructions			
Carton Label Applied	YES	Ingredient List	YES	1. Peel back film or pierce film above each compartment 2. Reheat frozen meal in microwave on high 6-7 minutes or in oven for 40 minutes at 160 degrees C. 3. Allow tray to stand for 2 minutes 4. Carefully remove film and serve CAUTION: PRODUCT MAY BE VERY HOT AFTER REHEATING.			
Product Label Applied	YES	Units per Carton	6				
Inner Barcode	9352380000769						
Carton Barcode	19352380000766						
Allergens	Contains Milk, Soy, Sulphites, Gluten, Wheat. May Contain Sesame.						
Shelf Life	Frozen Product - Best Before 365 days from date of manufacture.			Nutrifresh Authorisation			
Storage	Store at -18 degrees C.			Jessica Pope Nutritionist & Product Development Officer BSc of Health Science MSc of Dietetics			
Food Safety HACCP	NutriFresh is committed to the production of high quality, safe food products. To this end we have developed and implemented a Quality System that meets the requirements of HACCP Certification and AS/NZS ISO 9001:2015.						

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