

# Product Specification

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**Nutrifresh**

## **Fish in Lemon Sauce** Code: NF214

Steamed fish in lemon sauce.

### Ingredient Declaration

Fish Steaks (63%) (Hoki), Lemon Sauce [Bechamel Sauce (Full Cream Milk, Water, Margarine (Animal Fat and Vegetable Oil, Water, Salt, Milk Solids, Emulsifiers (322), 471), Antioxidant (320), Flavour, Colour (160a)), Flour, Full Cream Milk Powder, Starch, Salt, Nutmeg, Bay Leaves) Lemon Juice (2.8%) (100% Reconstituted Lemon Juice, Preservative (223), Antioxidant (300)].



<b>Unit Weight</b>		1.8 kg	
<b>Nutrition Information</b>		<b>Group</b>	
Servings per package: 12 • Serving Size: 150 g		4	
		<b>Analysis Type</b>	
		Theoretical	
		Average Quantity per Serving	Average Quantity per 100 g
Energy (kJ)		499 (119 Cal)	332 (79 Cal)
Protein (g)		14.3	9.6
Fat, Total (g)		2.6	1.8
- Saturated (g)		1.2	0.8
Carbohydrate (g)		5.3	3.5
- Sugars (g)		2.3	1.5
Sodium (mg)		124	82
<b>Labelling</b>		<b>Defrosting Instructions</b>	
Carton Label Applied	YES	Ingredient List	YES
Product Label Applied	YES	Units per Carton	6
Inner Barcode	9352380000165		
Carton Barcode	19352380000162		
<b>Allergens</b>		<b>Rethurmulation Instructions</b>	
Contains Sulphites, Milk, Soy, Gluten, Fish, Wheat. May Contain Crustacea.		Heat with lid on at 140 degrees for 1h or until reached temperature. <b>CAUTION: PRODUCT MAY BE VERY HOT AFTER REHEATING.</b>	
<b>Shelf Life</b>		<b>Nutrifresh Authorisation</b>	
Frozen Product - Best Before 365 days from date of manufacture.		Stephanie Liddle	
<b>Storage</b>		Senior Nutritionist & Product Development Officer	
Store at -18 degrees C.		BSc of Nutrition & Food Science	
<b>Food Safety HACCP</b>		MSc of Food Science & Technology	
NutriFresh is committed to the production of high quality, safe food products. To this end we have developed and implemented a Quality System that meets the requirements of HACCP Certification and AS/NZS ISO 9001:2015.			

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For all order enquiries please call (07) 3349 9855

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